CERTIFIED

HOLISTIC WELLNESS PRACTITIONER PROGRAM
2022-2023

ESOTERIC/ENERGY STUDIES

- Color Therapy
- Intro to SHEN
- Chakra Level 2 - Deeper Study of Chakras plus Balancing Techniques
- Reiki Levels 1 & 2

VIBRATIONAL/ENERGY MEDICINE

- Acute Homeopathy for Beginners
- Aromatherapy 1 & 2 (Intro & Medicinal Uses)
- Intro to Herbology
  - Study of Herbs as Natural Medicine using International Herbs

HOLISTIC STUDIES

- Anatomy and Physiology for Holistic Practitioners
- Pathology for Holistic Practitioners
- Ethics for Holistic Practitioners
- Natural Nutrition and Nutritional Symptomatology
  - Every...body is unique
- Medical intuition, Guided Imagery and Prayer
- Integrative Studies - Learning how to bring the Modalities together
- Business Understanding & Setting up a Holistic Practice

FACULTY

SRI VASUDEVA
Founder of Blue Star International & Yoga and Meditation Master

DR PADMINI NARAIN
Ph.D Holistic Therapies, Wellness Coach, Reverend, MSC Metaphysical Science, Sports Yoga Instructor, Board Certified AADP, IMM, NESTA, CEB

GAITRI LORICK
MSc. Reiki Master Qigong Practitioner Energy Medicine

DR MELISSA BACHAN
MBBS, PG Diploma, Family Medicine and Primary Care

RAYWATEE GOBERDHAN
BSc., Diploma in Education, LL.B, LEC
ABOUT
This comprehensive two-year holistic training program explores holistic and energetic modalities, giving students a solid foundation for those wishing to pursue a career in holistic health. The program will provide students with a diploma accredited by the American Board of Drugless Practitioners.

OBJECTIVES
- Provide professional level training in holistic health care and energy work.
- Explore several forms of healing modalities, integrating mind, body and spirit, in relation to well-being.
- Complement allopathic treatments in order to achieve a ‘best-of’ approach.

REQUIREMENTS
Pre-Requisites: Adults (18+ years of age) and successful completion of the Blue Star Self-Transformation Diploma Program.

COURSE WORK
Course work includes assignments, quizzes and/or case studies.

Case studies are required for most courses. The time in between semesters is given to support the completion of these case studies.

Practical classes are required for Esoteric/Energy Studies, Swedish Techniques, Reflexology 1 and Intro to Shiatsu.

Herbology and Aromatherapy have one practical class each and other requirements by Facilitator.

Practical classes require students to be in pairs.

Dress Code: Scrubs

TWO-YEAR PROGRAMME – BEGINS AUGUST 18TH, 2022
Registration open until March 19th, 2022

MORE INFORMATION AND/OR REGISTRATION
Divya Waveny Adimoolah, The Administrator,
Blue Star School of Holistic Studies
WhatsApp: (868) 761-8124
Email: bschs@blue-star.org

COST & PAYMENT
Total Cost: TT$45,000
Payment plans available on request.

Blue Star Trinidad and Tobago, 39 Bandoo Street, Union Village, Claxton Bay, Trinidad &
https://www.blue-star.org/